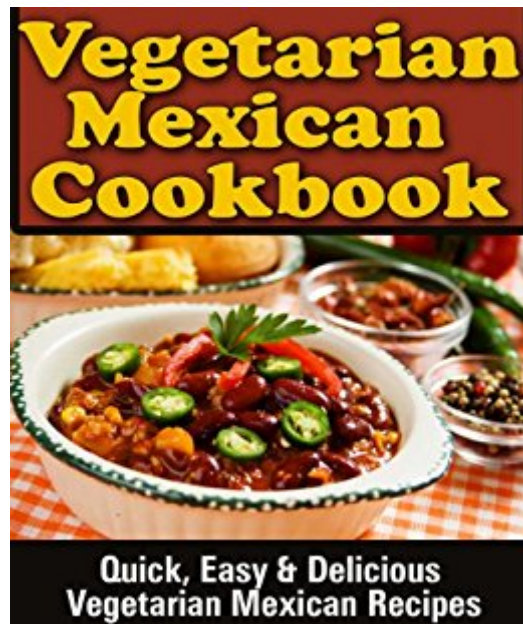


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# Mexican Vegetarian Cookbook: Quick, Easy & Delicious Vegetarian Mexican Recipes



## Synopsis

Spice up your day with tasty Mexican recipes! Please enjoy my collection of some of the most DELICIOUS and easy vegetarian Mexican recipes on the planet! Here are just a FEW of the recipes I've added to this collection:- Savory Corn Cakes with Chipotle Cream- Poblano Chilis Stuffed with Cheese- Enchiladas with Mole Sauce- Roasted Vegetable Soup- Mexican Rice- Black Bean Quinoa- Huevos con Chilis Verdes (Eggs with Green Chilis)- Chichimangas- Tostadas- Vegetable Fajitas- Agua Fresca- Mexican Chocolate Cake And SO MANY more! You are just seconds away from making some of the best Mexican food you've ever had! I hope you enjoy these tasty recipes as much as my family and I do. Scroll up and click "Buy Now" to enjoy them!

## Book Information

File Size: 458 KB

Print Length: 99 pages

Simultaneous Device Usage: Unlimited

Publication Date: January 24, 2012

Sold by: Â Digital Services LLC

Language: English

ASIN: B0071N6ZL2

Text-to-Speech: Enabled

X-Ray: Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #643,323 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #105

inÂ Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Regional & International > Mexican

#353 inÂ Books > Cookbooks, Food & Wine > Regional & International > Mexican #1221

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## Customer Reviews

... Mexican cooking being beans, pulses, rice, tortilla and vegetables, there are surprisingly few decent vegetarian cookery books. And the ones that are available seem to contain the same few unimaginative variations on a theme. But that is where Lisa's book stands out from the rest! Her variation of Grilled Corn on the Cob with Cotija is simply fantastic, and even more so when served with Chipotle Cream - wowee! In the opinion of a foodie and a carnivore, a good vegetarian

cookbook is one where you don't even wonder where the meat is - Lisa's Vegetarian Mexican Cookbook is such a book.

If you're already familiar with Mexican cookery, then this probably won't have much new for you. If, however, you're new to this style of cookery, this is a good place to start. The recipes are clear and easy to follow, and there's enough variety to give you plenty to choose from.

As a vegetarian I'm always looking for new, easy, tasty recipes. This book is a breath of fresh air into my cookbook collection. And I truly do love Mexican food! I'm looking forward to trying a few new recipes from this book and what a great reminder to grill my corn on the cob...sometimes I forget how easy and tasty this can be!

I love Mexican cuisine and cook it all the time so wasn't sure I needed this book and wasn't sure how I would like a cookbook in ebook format. It was free so I got it and I'm glad I did. The recipes are authentic and many I hadn't made before. The formatting was very well done so the book works very well as an ebook. There are a lot of recipes that call for cheese/dairy which I can't eat, but many of them can be made w/o the cheese and are still good. Obviously poblano chilies stuffed with cheese made w/o cheese would no longer be a poblano stuffed with cheese but if I really wanted to, I could use non-dairy cheese. Some actually aren't that bad! Thanks for some new Mexican vegetarian recipes.

I still remember the first time I ate mexican food-- it was a quesidilla at a really cool local bookstore/restaurant. I was hooked! There's hardly a mexican dish that I haven't eaten, and I never get tired of it. That's why i was so psyched to come across this cookbook by Lisa James. She covers just about everything I could really want in a way that's easy to follow and put together. I'm not a big cook, but do like to do it, and have fun making mexican-dishes. This is really helpful and gives me ideas for just about any meal of the day. After i went through it, I actually thought i could pull off a great cinco de mayo party! Oh, and besides there being a lot of good recipes, the cookbook was super-easy to navigate and had a helpful clickable table of contents.

Mexican cooking lends itself easily to vegetarian cooking. This cookbook has all the basics covered, from cooking your own tortillas to making more complex dishes. This is a good beginner's guide for cooking Mexican food without meat.

While I LOVE to eat out at Mexican restaurants, I have done little to no Mexican cooking myself. Having decided to change this, I went looking for a good starting point. I grabbed a copy of Authentic Mexican Vegetarian Recipes and it has proved to be an excellent beginning. The first section is an informative one -- Know Your Ingredients. This is a brief but great intro, explaining about Mexican corn and cheese. Next, Lisa takes you by the hand and teaches you how to make Tortillas, the cornerstone of Mexican cuisine. After that, you will find a large number of interesting and well explained recipes, running the gamut from Appetizers to Stews to Main Dishes, and on to Desserts. Whether you are new to Mexican cooking or experienced, this cookbook has a excellent vegetarian recipes for you!

I am not a vegetarian...yet! But I have a lot of friends who are. I'm always so skeptical of dishes without meat because it's what I grew up with, but this cookbook is filled with recipes that I am pretty sure I am going to love! Like other cookbooks by this author (I have several), the recipes are easy to follow and have a good variety when it comes to the ingredients. Definitely recommend.

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